

Second Edition

OWN IT!

3

IT'S YOUR WORLD



Workbook
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CAMBRIDGE

Second Edition

OWN IT!

3

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Welcome!

Vocabulary and reading

Technology

- 1 ★ Complete the sentences with the words in the box.

apps devices emoji message
screen social media

- My grandparents haven't got many electronic devices.
- Do your eyes get tired when you look at the computer _____ for a long time?
- We learn a lot about famous people by following them on _____.
- Bella sends her mum a text _____ when she's late home.
- My favourite _____ are Snapchat and TikTok.
- Which emotions can't you express with an _____?

Feelings

- 2 ★★ Circle the correct words.

- Hugo gets embarrassed / excited when his mum puts his baby photos online.
- I'm getting tired / excited about tonight's party!
- You always do well in exams so don't be nervous / bored.
- Janek was so embarrassed / tired that he fell asleep at his desk.
- Ada's crying – what's she upset / excited about?
- We're always so busy that we haven't got time to get tired / bored.

- 3 ★★★ Write an example sentence for the words below.

- embarrassed _____
- app _____
- screen _____

A message on an app

- 4 ★ Read the conversation. How are Louise and Yanis spending the summer?

Yanis
Hey! How's the filmmaking course? Are you enjoying it?

Louise
It's great, thanks. And you? I hope you're not getting bored.

I hardly ever get bored – I love getting new ideas and dancing in front of the group.

Don't you sometimes feel embarrassed?

Not at all! But I'm new to street dance, so I often get upset if I forget the steps. What kind of films are you making?

We're not making a whole film until the end of the course. I'm so excited about that!

So what do they teach you?

We're learning to use different devices like video cameras and music apps.

Cool!

After lunch we usually write film scripts or practise doing make-up or costumes.

They're making a short video of our final show – I'm a bit nervous about that!

Why? You're a great dancer! Hey, maybe I can make a film about you one day!

- 5 ★★★ Answer the questions.

- How does Yanis show that he is confident?

- When does Yanis sometimes feel unhappy?

- What is Louise excited about?

- What idea does Louise have for a film?

Language in action and vocabulary

Present simple and present continuous with adverbs of frequency

1 ★ Put the words in the correct order to make sentences.

1 ever / upset / gets / He / hardly /

He hardly ever gets upset.

2 steps / remember / I / the / don't / always

3 embarrassed / dance / often / Do / when / get / you / you / ?

4 music / the / films / We / for / write / the / sometimes

5 him / His / never / teachers / angry / get / with

2 ★★ Circle the correct words.

1 She's playing / plays a computer game now.

2 I often feel / 'm often feeling bored at home.

3 Does Mario sometimes send / Is Mario sometimes sending you photos?

4 The course is great: I'm having / have a great time.

5 I usually text / 'm usually texting my friend when I can't do my homework.

Present simple for future

3 ★★ Write questions and answers about the future.

1 What time / the lesson begin tomorrow ? / at nine

What time does the lesson begin tomorrow?

It begins at nine.

2 When / Sosuke arrive in Japan ? / tomorrow morning

3 What day / we get the exam results ? / on Friday

4 When / your music lesson finish ? / at midday

Music

4 ★ Circle nine more music words in the sound wave.



5 ★★ Match the definitions with words from Exercise 4.

1 a loud, round instrument you play with your hands or sticks drums

2 a person who plays music and talks on the radio or at a club _____

3 music popular in Jamaica with a strong rhythm _____

4 an electric instrument similar to a guitar with low notes _____

5 music and songs in a traditional style _____

6 an electronic instrument similar to a piano _____

7 the artist usually speaks the words in this type of music _____

8 people who love a band or musician _____

6 ★★ Complete the advert with the words in the box.

DJ drums ~~fan~~ heavy metal jazz rap



Are you a big ¹ fan of music? Do you sing like a bird or is ² _____ more your thing (fan of Twista maybe?). Do you play a musical instrument like the guitar, bass or ³ _____? Or perhaps you want to be a ⁴ _____ because you prefer to play records, not an instrument? From relaxing, easy-listening ⁵ _____ to fast, loud ⁶ _____, you can learn and practise it all at MLA Music Summer Camp. Click on the link below for more information!

[More info](#)

Listening and language in action

A conversation

1 ★ Look at the photo. Where are the people?



2 ★ Listen to the conversation. Why does Maria go to the event in Exercise 1 every year?

3 ★★ Listen again. Are the sentences *T* (true) or *F* (false)?

- The organisers of MusicFest sell the tickets in a lottery. T
- Maria doesn't pay for her ticket. _____
- She works every evening. _____
- Maria hears and sees all the bands. _____
- She loves the music, but doesn't like the hot weather. _____

4 ★★★ Listen again. How do Maria and Noel use the words in the box?

excited fans reggae singers tired

excited: Noel says Maria looks excited.

Past simple

5 ★ Complete the sentences with the past simple form of the verbs in brackets.

- Ela wrote (write) a great song and _____ (sing) it for us last night.
- We _____ (take) the dogs and _____ (go) for a long walk on the beach.
- I _____ (know) you were here because I _____ (see) your coat.
- _____ she _____ (make) a playlist for Luca's birthday?
- Marcus _____ (not tell) us that he _____ (have) concert tickets for all of us.

6 ★★ Complete the sentences with the correct past simple form of the verbs in the box.

be (x2) learn not enjoy play fall work

- The heavy metal band played really loud music.
- We _____ the words to all the new songs.
- The students _____ very hard before their exam.
- Alexis _____ embarrassed when he _____ on the ice.
- I _____ the concert last night. It _____ boring.

7 ★★★ Write questions about Maria and MusicFest from Exercise 2. Then write the correct answers.

- the organisers of MusicFest / sent Maria a letter / ?
Did the organisers of MusicFest send Maria a letter?
No, they didn't. They sent her an email.
- Maria / ask the organisers for a free ticket / ?

- Maria / get a ticket in the lottery / ?

- Maria / work at the campsite in the evening last year / ?

- it / rain all weekend at MusicFest last year / ?

Review

Language in action

- 1 Complete the conversation by deciding if the action is happening right now (present continuous) or is something that happens regularly (present simple). Use the correct form of the words in the box and the words in brackets.

be (x2) have (x2) loves not come
not connect not want wear work



- A: Hi, Esme. ¹_____ (you) a problem with your laptop?
B: Yes! Unfortunately, it ²_____ to the wi-fi at the moment.
A: I ³_____ (often) the same problem in this café. The wi-fi ⁴_____ (sometimes), but it ⁵_____ (hardly ever) fast enough. I guess the café owner ⁶_____ customers to use it! That's why I ⁷_____ (usually) here to do serious work.
B: Yeah, but I wanted to work somewhere different. I ⁸_____ (always) at home these days. And also, my brother ⁹_____ playing loud music all day. He ¹⁰_____ (never) headphones!
A: Oh, no! Well, you can come to my place if you want. It's quiet and we've got good wi-fi!

- 2 Tick (✓) the sentences that talk about the future.

- 1 What time does your plane arrive? ☐
2 I get the bus to school. ☐
3 We go back to school at the beginning of September. ☐
4 The lesson starts at 2 o'clock today. ☐
5 Our train doesn't leave from platform 4. ☐
6 I love using this app. ☐

Vocabulary

- 3 Complete the sentences with the words in the box. There are two extra words.

bass DJ drums fan folk
heavy metal keyboard rap

- 1 I like some Taylor Swift songs, but I'm not a huge _____.
2 My brother was a _____ at my birthday party and played all my favourite music.
3 I started learning the piano a long time ago, so playing an electronic _____ is no problem.
4 In _____ music, you usually speak the words, not sing them.
5 My country has lots of old, traditional _____ songs and some of them are really beautiful.
6 It's not easy to play the _____ – you can't just hit them and make a noise.

- 4 Match sentences 1–5 with a–e.

- | | |
|---|---|
| 1 I'm using a fantastic app to learn English. | a It's a good way to share what I'm doing with friends. |
| 2 I love social media. | b It was about our meeting tomorrow. |
| 3 This is my favourite emoji. | c It's my tablet. |
| 4 I had a video chat with my friend. | d I downloaded it last week. |
| 5 I know what device I use the most. | e It makes me laugh! |

- 5 Read the messages. Complete the feelings words.

I just sent a message to the wrong person by mistake. I'm so ¹e _____ 😞!

I want to meet you tomorrow, but I can't. I have to stay at home. I'm really ²u _____ 😞 about it.

My new art class starts tomorrow. I'm so ³e _____ 😊, I can't wait!

I didn't sleep well last night. Now I'm really ⁴t _____ 😞. ^{zz}

We watched that TV series, but nothing interesting happened. We were so ⁵b _____ 😞.

1 Be inspired

Vocabulary

Describing people

- 1 ★ Find 11 more personality adjectives in the word search.

a	m	c	o	n	f	i	d	e	n	t	r
m	s	a	f	d	a	s	e	g	r	e	g
b	s	l	f	e	y	c	u	z	j	x	i
i	e	m	i	d	t	n	v	k	c	s	n
t	p	r	o	f	e	n	t	u	h	o	s
i	a	o	b	a	e	d	c	n	e	c	p
o	t	r	s	c	s	s	e	d	e	i	i
u	i	a	c	t	o	n	f	f	r	a	r
s	e	n	s	i	t	i	v	e	f	b	i
g	n	b	e	v	r	y	w	b	u	l	n
f	t	r	s	e	n	s	i	b	l	e	g
n	g	h	e	l	p	f	u	l	j	w	b
t	a	l	e	n	t	e	d	b	n	y	s

- 2 ★★ Complete the sentences with words from Exercise 1.

- People think I'm confident, but I'm usually shy.
- Furkan isn't very _____. He likes being alone.
- Tyler is usually very _____. He's always smiling.
- Clara and her brother are very different. He's silly and immature, but she's _____.
- It's better to be _____ and not panic in dangerous situations.
- I'm very _____ – I get upset easily.

- 3 ★★ Complete the table with the opposites of words from Exercise 1.

in-	un-	im-
¹ <u>sensitive</u>	³ _____	⁸ _____
² _____	⁴ _____	
	⁵ _____	
	⁶ _____	
	⁷ _____	

- 4 ★★ Complete the sentences with the opposites in the box.

anxious grumpy lazy shy silly

- Martin isn't calm today. He's anxious because of his exam tomorrow.
- I don't think I'm confident. I'm usually quite _____.
- My cousin is always _____. She's not cheerful at all.
- You're so _____ sometimes. Why can't you be more sensible?
- When she was young, my cat was always active. Now she's just _____.

- 5 ★★ Circle the correct adjectives.

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My sister, Alice, is a very confident / talented person because she's always sure about herself and knows what she's good at. In fact, she's quite ² active / ambitious – she's got lots of goals and things she wants to achieve. She's also smart and really ³ patient / talented – she can play the piano and is very good at sport. The only 'problem' is that she's not very ⁴ cheerful / sociable – she doesn't like going to parties and she doesn't have many friends. But if I have a problem, she's always ⁵ helpful / calm and tries to solve it. Alice is ⁶ sensitive / patient, too – she doesn't get angry, even when other people make really big mistakes. My sister is my hero!

Explore it!

Guess the correct answer.

Scientists believe that people who are _____ live longer than average.

a cheerful b confident c grumpy

Find an interesting fact about how to live longer and send the question in an email to a classmate or ask them in the next class.

Reading

1 ★ Read the article quickly and answer the questions.

1 What is the name of the woman in the photo?

2 Which part of the world does she come from?

2 ★★ Match the words in bold in the article with the definitions.

- 1 tried to find something searched
- 2 a place where people arrive _____
- 3 to encourage people to buy something _____
- 4 wanting to win something _____
- 5 small metal discs that are prizes for winning a competition _____
- 6 the weather conditions in a place _____

3 ★★ Read the sentences and write T (true) or F (false). Correct the false sentences.

1 There used to be a lot of competitive figure skaters in the UAE.

F. Zahra Lari is the country's first competitive figure skater.

2 Lari was inspired to skate after she saw a film.

3 At the beginning, she taught herself to skate at home.

4 Lari is famous outside the UAE.

5 She is ambitious about winning competitions.

6 Her skating club is not very popular.

4 ★★★ Answer the questions in your own words.

1 What does Lari want to inspire people to do?

2 Why do you think some people are interested in getting medals, but others are not?



An inspiration on ice

Figure skating is popular in many countries, but there is one place where it wasn't popular until recently. The United Arab Emirates (UAE) has got a desert **climate** and outdoor sports are more popular. So, it's not surprising that the country's first **competitive** ice skater, Zahra Lari, only began learning the sport when she was 12 years old.

Zahra was born in Abu Dhabi. When she was 12, she saw a film about ice skating and wanted to learn to skate immediately. Her parents **searched** for an ice rink where she could learn and practice. Soon she was skating for hours every day.

Zahra started to perform in important international competitions. She skated well, inspiring other girls from the UAE to try figure skating. Her family helped to create Emirates Skating Club, the first club in her country. The club now has more than 100 members. Zahra is well-known not only in the UAE, but all over the world. She even became a fashion model, helping companies **promote** new designs for skating costumes.

But Zahra was interested in more than getting **medals** or being famous. Instead, she wanted to enjoy being creative on the ice, have an active, happy life, and inspire others to do the same. Now, she inspires people to follow their dreams and do what they love. One day, the Emirates might become a big figure skating **destination** and host international competitions, too. If so, it will be partly thanks to Zahra.



Language in action

Past simple and past continuous with *when*, *while* and *as*

- 1 ★ Complete the sentences with the past continuous form of the verbs in the box.

do look not play
rain sleep work

- 1 I was sleeping at 11 o'clock last night. That's why I didn't check my messages.
- 2 It _____ yesterday, so I didn't go out.
- 3 My mum _____ late at the office and came home late.
- 4 I _____ for clothes online, but I didn't see anything I liked.
- 5 What _____ you _____ in the kitchen? I heard a strange noise.
- 6 She _____ games on the computer – she was studying!

- 2 ★★ Complete the conversation with the past simple form of the verbs in brackets.

- Elena Hey, Luis! ¹Did you *have* (you / have) a nice holiday?
- Luis Hmm, not bad. I ²_____ (help) my uncle in his shop.
- Elena Why ³_____ (you / do) that?
- Luis Because my aunt ⁴_____ (be) ill, and he ⁵_____ (not have) time to go to the shop every day.
- Elena Wow! That's really kind of you. ⁶_____ (it / be) difficult?
- Luis Yeah. But my uncle ⁷_____ (give) me some money after, so I ⁸_____ (buy) some new clothes.
- Elena Cool!

- 3 ★★ Write sentences with the past simple and past continuous and the words in brackets.

- 1 I / sleep / you / call / me last night (when)
I was sleeping when you called me last night.
- 2 he / finish / his book / he / wait / for the bus (as)

- 3 we / live / in London / we / go / to lots of museums (while)

- 4 she / not see / the car / she / cross / the street (when)

- 5 I / not cry / I / watch / that inspirational film (while)

- 6 they / say / goodbye / they / leave / the party (as)

- 4 ★★ Circle the correct options.



One day my partner was ill, so I ¹drove / *was driving* to the chemist to get some medicine. While I ²*walked* / *was walking* back to the car, I noticed that I ³*didn't have* / *wasn't having* my keys. They were still in the car with my phone! I ⁴*kicked* / *was kicking* the wheels of my car when a teenager ⁵*was arriving* / *arrived* on his bike and ⁶*asked* / *was asking* what was wrong. I told him the story and I ⁷*explained* / *was explaining* that we had another car key at home, but it was five miles away. The boy said, 'I'll get the keys' and then ⁸*gave* / *was giving* me his phone to call my wife to explain what was happening. After 30 minutes, he ⁹*came* / *was coming* back with the keys. As I ¹⁰*opened* / *was opening* my car, he rode away – before I could thank him!

- 5 ★★★ Write a short paragraph in your notebook about a time when someone helped you or you helped someone. Use the past simple and past continuous.